

Low cost and free meals Directory

2022 v5



TOGETHER
TOWARDS A FAIR
FOOD SYSTEM

Hosted and governed
since 2005 by



Provider	Address	Type of Service	When
Albion Park Youth & Community Care Inc.	Albion Park Community Centre, Russell St, Albion Park	Emergency food relief by appointment	Call 4257 3342 for an appointment
Anglicare	152 Keira St, Wollongong	Emergency food relief by appointment	Call 8624 8600 for an appointment
Anglicare Mobile Community Pantry	Anglican Church Corrimal	Low cost community grocery, \$10 grocery bag (valued at \$60, mainly non-perishables)	2nd Mon: 10.30am - 11.30am
	Anglican Church Oaks Flat		2nd Thu: 10am - 11.30am
	Shellharbour Anglican Church	Call 86248600 for an appointment	2nd Fri: 1:30pm - 2:30pm
	2nd chance Op Shop Berkeley		2nd Tue: 1.30pm - 2.30pm
Bellambi Neighbourhood Centre	Corner of Cawley St and Rothery Rd, Bellambi	Emergency food relief by appointment	Call 4285 3715 on Thu - Fri: 9am - 3pm
Bulli Community Centre	328 Princes Hwy, Bulli	Community Pantry	Thu: 9:30am -12pm
Careways Community	Dapto Ribbonwood Centre, 93 - 109 Princes Hwy, Dapto	Community breakfast	Mon and Thu: 8am - 9:30am
	Koonawarra Community Centre 36 Fowlers Rd, Koonawarra	Community breakfast	Tue and Wed: 8am - 9:30am
	Thirroul Neighbourhood Centre		
CHAIN	1A Denison St, Wollongong	Takeaway breakfast and food vouchers (Tue and Thurs) targeting youth in need of support	Mon: 9am - 12:30pm Tue - Fri: 9am - 4:30pm
Corrimal Uniting Church	4 Russell St, Corrimal NSW 2518	Free morning tea & lunch at the Enz Meet Cafe	Wed: 11am -1pm
Food Care (Shellharbour City Community Church)	500 Shellharbour Rd, Shellharbour	Low cost groceries (Fruit & Veg, bread)	Thu: 10am - 2:30pm.
Food for Life Community Care	Kiama Baptist Church (Carpark) 1/3 Brown Street, Kiama	Low cost community hampers Normal size hampers at \$60 & jumbo hampers at \$95 (incl GF or Vegan options). Order online via: https://www.foodforlife.cc/	Tue: Kiama at 10am - 11am, Unanderra at 5pm - 6pm.
	6 Sylvester Ave, Unanderra.		Wed: Unanderra at 1pm - 2pm. Shellharbour at 5pm -6pm.
	Cnr College Ave & Benson Ave, Stockland Shellharbour		Thu: Towradgi at 10am - 11am, Berry at 3:30pm - 4:30pm, Nowra at 5pm - 6pm
	Towradgi Beach Hotel Carpark, 170 Pioneer Rd, Towradgi		
	8 Schofields Lane, Berry.		
	Nowra School of Arts (carpark), Berry Street, Nowra		
Hope Community Kitchen	Port Kembla Senior Citizens Centre, Allan St, Port Kembla	Take away dinner	Fri: 6pm

Low cost and free meals Directory

2022 V5



TOGETHER
TOWARDS A FAIR
FOOD SYSTEM

Hosted and governed
since 2005 by



Provider	Address	Type of Service	When
Hope Food Pantry Helensburgh	3-23 Cemetery Rd, Helensburgh	Low cost community shop by appointment	Book appointment: https://hopechurch2508.org.au/community-pantry/
HopeStreet Community Centre Port Kembla	27-29 Wentworth Street Port Kembla NSW 2505	Community breakfast and lunch	Mon-Fri: 9:15am - 11pm Breakfast, 11am – 2pm lunch
Kind Hearts Illawarra	Burelli St side of MacCabe Park, Wollongong	Community dinner and food hampers	Tue & Thu: 5:30 - 6:30pm
Lighthouse Community Kitchen	1 Railway Square, Wollongong	Community dinner and dessert	Thu: 5:30pm – 6:30pm
Need A Feed	Globe Lane, Wollongong	Connection, coffee & a chat	Thu: 9am -11am
	Northern Illawarra Uniting Church, Point St, Bulli	Community dinner (2 courses for \$5 per person or \$15 per family) In addition, works in partnership with community org. to provide emergency relief or wholesale food parcel providers.	Fri: 5:30pm - 7:30pm (during school term) Use referral form: https://www.needafeed.org/get-involved/
Pulse Pantry (UOW Students only)	Building 11, Level 1A, University of Wollongong, Northfields Ave, Kieraville 2522	Free pantry staple ingredients for enrolled UOW Students.	Wed: 11am – 1pm, during session (11am - 12pm, outside of session)
Assist Shellharbour (City Baptist Church)	10A Commerce Dr, Lake Illawarra (by library)	Food hampers available for pickup (Mon and Fri), and takeaway meals for pickup (Fri)	Mon: 11am - 2pm Fri: 11am - 2pm and hot meals from 5pm
St Marks Anglican Church	429 Crown St, Wollongong	Food & Friends community dinner and emergency food hampers	Mon: 5pm - 6pm
St Vincent de Paul	41 Central Ave, Oak Flats	Emergency food vouchers by appointment for Oaks Flat, and Albion Park (Rail) residents	Call 02 4256 6266 for an appointment
St Vincent de Paul Coniston drop in hub	12-16 Miller St, Coniston	Frozen meals, fruit, veg, bread, tea & coffee and community lunch every Thursday at 12pm	Mon – Fri: 9am – 12pm
The Movement Wollongong	Pickup across the Illawarra or 1st Scouts, George St, Warilla	Offers food hampers via https://www.facebook.com/groups/1609523572593713	Mon-Fri: Upon Contact on Facebook. Friday at George st, Warilla (for people with no facebook)
Unanderra Community Centre	Cnr Factory Rd & Princes Hwy, Unanderra NSW 2526	Community food pantry	Wed: 10am - 2:30pm
	Warrawong Community Centre, 9 Green St, Warrawong		Mon & Wed: 5:30pm - 5:45pm

Low cost and free meals Directory

2022 v5



TOGETHER
TOWARDS A FAIR
FOOD SYSTEM

Hosted and governed
since 2005 by



Provider	Address	Type of Service	When
Vinnies Van	12-16 Miller St, Coniston		Mon & Wed: 6:30pm - 6:45pm
	Albion Park Rail Community Centre, Albion Park Rail	Takeaway dinner and a cuppa	Thu: 5:30pm - 6pm
	Wollongong Train Station (westen side), wollongong		Mon & Wed: 6:30pm - 7:00pm
	Bellambi Neighbourhood Centre, Bellambi		Fri: 5:30pm – 6pm
Warrawong Resident Forum	Warrawong Community Centre, 9 Green St, Warrawong	Takeaway lunch. Tuesdays additional fresh fruit and veg available to take home (BYO Bag)	Tue - Thu: 11:30am – 12:30
Wesley Community Care	Behind the Church on the Mall, 116 Crown St, Wollongong	Takeaway morning tea and lunch and food parcels (when available)	Mon - Thu: 11.30am - 1.30pm, Fri: 11.30am - 1pm

